

## **Person Centered Planning**

There is a saying in the disability advocacy world that states “Nothing about us without us”. Creating a plan for the future that is student centered and directed is a great start to get to know the individual. Having a plan to assist young adults in their transition from a high school setting to a college campus and into adulthood is crucial. We believe that developing a Person Centered Plan (PCP) before the student gets started on campus provides that student and those who will assist them with a map for their IUPUI-SITE years and beyond. Spending a couple of hours to create a picture of who the person is and where they are going is the first piece to creating a valuable learning experience. In the PCP we delve into the individual’s dreams, hopes, strengths, interests, talents, concerns and support needs. The plan is created with the student at the center directing the plan with assistance from a team they choose. The team starts with the student and may include parents, teachers, friends, relatives and others that the individual wants involved in the planning process. The initial PCP is revisited and updated with this team periodically throughout the student’s enrollment in IUPUI-SITE as a means of continued guidance.